

## A Mid-day Meditation

From

Sue's Perspective

When I was a student at Huron University College, one of my favourite assignments was the writing of pastiches. For those of you who are unfamiliar with what a pastiche is, let me explain. A pastiche, simply put, is taking a passage, be it from scripture or any other writing, and restating it in your own words, yet not losing the meaning or the gist of the passage. It was a way to find out if we were looking deeply into the assigned text and finding meaning in it. Believe me, some texts were much easier to rewrite than others. This time, I thought I would make an attempt at writing a pastiche on the 23<sup>rd</sup> Psalm...

### *A Pastiche on Psalm 23*

A comforting walk along the bank of a creek  
That meanders through a rich, lush farm pasture  
Is where I come to know my God better.

Knowing God is with me assists me  
In living my life fully and passionately.

The full belly I have comes from God  
And I have eaten with people  
Who intend to harm me and all that I love.  
God wants it that way.

I am truly blessed when I see  
That all I have is more  
Than I could possibly need or want.

I am convinced that  
I will be blessed for my whole life  
Living in the presence of God.

This is a departure from my usual format for meditations. I hope that it speaks to you and prompts you to try your hand at writing something similar from a favourite text of your own. It is another way of “praying” through Scripture or a hymn or any other text that calls to you.