

Finding our way

Have you ever gotten lost? A scary experience! I walk through the woods most days with the dogs and have a trail to follow. But one day in spring I thought I would try a path going off from the trail. It was all going well until the path ended and being directionally challenged I had no idea which way to go! Luckily I had my phone and was able to see my house and could figure out how to go towards it until I found the main trail again. This morning my sister told me about an app what3words that helped rescuers locate a woman who had gotten lost near Lions Head. So naturally I now have the app.

This got me thinking about us as Christians getting lost. I have felt lost different times throughout my life. Each of us wants to do God's will but often we can't quite figure out what that is. We have had tough times when we cry out where are you God. What do we do? Where do we go? We look to others and we pray. Wouldn't it be great if we had an app that we could open and find the answers! We do – the bible! Yes you can get a bible app but most of us have the hard copy close at hand.

Growing up, the church introduced the bible stories in Sunday School but the bible wasn't promoted as the most important book for me to read each day as it is in other faiths. That is a shame because it has taken me many years to appreciate how important a guidebook it is. As I have spent more time in God's word, I am learning more clearly her will. I am finding strength and comfort when I feel lost and alone. I am noticing that I am being nudged to change bad habits and called to give more and reach out more. I am learning new things from stories I have heard over and over through the years and discovering truths I had not seen before. Wow, how fortunate we are to know we never have to fear getting lost, the bible will show the way!

So just like the relief I felt when I found the trail again when I was lost, I feel relief and gratitude for God's word. I will feel lost again. I will feel anguish and cry out. Then I will open the bible and find my way back. I will find strength and peace and know that I am loved no matter what.

Today I encourage you to spend time in God's word. I encourage you to do it daily. You will be blessed and changed as God intends. Amen

Helen Wheeler