

Holy Spirit

Well, we have just celebrated Pentecost, when the Holy Spirit poured out power on the disciples. What an experience for them and how fortunate for us! The other night Mark and I were discussing his sermon and I would like to share some thoughts about it with you.

Consider our bodily functions. First there is breath. We need oxygen to live. We breathe in and our lungs are filled and we live. We don't see the air we breathe but we are certain of its power to sustain us. Holy Spirit is like that, intangible yet life giving.

Then we have blood that runs throughout our body and keeps our heart beating. We need our heart to beat and send the blood to all parts so they can work their best. Again Holy Spirit is like that, flowing to all parts of us to sustain us.

We know to keep our body going we must feed it. Holy Spirit needs food too, the Word, prayer, fellowship of believers.

I think we often forget that God, the Holy Spirit, dwells within us, giving us life and sustaining us. What this means is we have the power of God to make a difference in our world, where we live and work and play. We can look around and see where God needs to be and go there.

Where does God need to be in your world? Will you respond believing the power of the Spirit will give you all you need?

Helen Wheeler